Bournville
PRIMARY SCHOOL

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4th November 2026

Dear Parent/Carer,

This term in Science, year 5 will be learning about changes and puberty. This is an opportunity for the children to learn about and prepare for changes in their body. This unit supports the statement set out in the Primary National Curriculum 'Describe the changes as humans develop to old age'. This also supports Year 5 PSHE 'Changing Me' that the children will be taught in the summer term (further information about this will provided before teaching the unit).

The objectives that will be covered in this current Science unit are:

- What are the stages of the human life cycle?
- How does a child prepare for adulthood? (Puberty in both boys and girls)
- What is a period? (Including sanitary products)
- When are new humans made? (From new life in pregnancy NOT including conception)
- Do other animals have the same life cycle as humans?
- What is the last stage of the human life cycle?

Key vocabulary that will be used in the unit:
Milestones, acne, adolescence, adolescent, antiperspirant, puberty, scrotum, testes, foetus, mature, menstrual cycle, mood swing, peer pressure, period, vaginal discharge, womb, amniotic fluid, ultrasound, umbilical cord, gestation period, Alzheimer's, dementia, elastic.

If you do have any questions or queries, please speak to a member of the year 5 team by the end of this week. Lessons will start week beginning Monday 9th November.

Thank you for your continued support,

Mr Gary Tucker

Science Lead